

EMPLOYEE ASSISTANCE PROGRAM

District #203 is pleased to provide an

Employee Assistance Program to dis-

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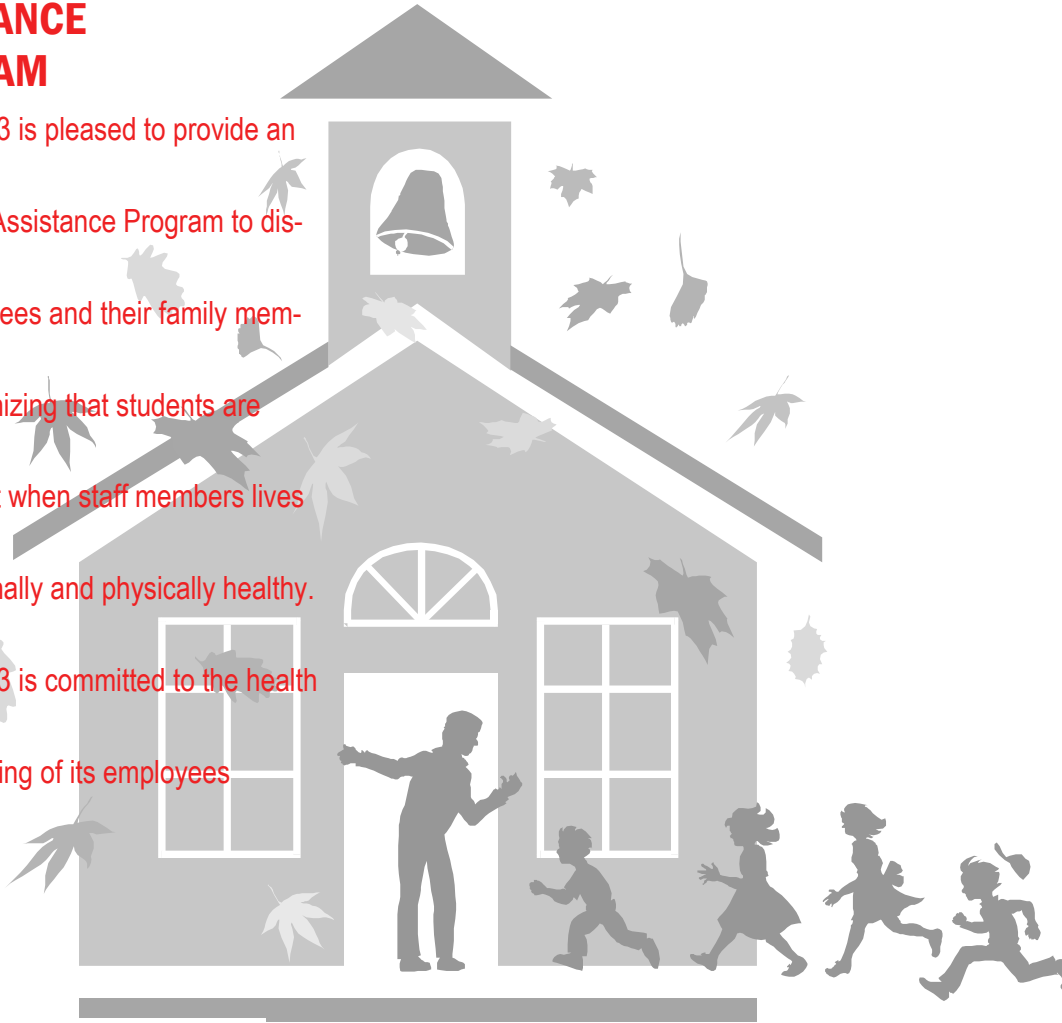
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District #203 is committed to the health

and well being of its employees



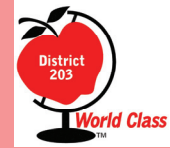
**Naperville Community
Unit School District 203**

Human Resources
203 W. Hillside Road
Naperville, IL 60540-6589
630-420-6315
FAX: 630-637-7307

August 2009

**Central DuPage
Hospital**

Employee Assistance Representative
Central DuPage Hospital
27 W 350 Highlake Road
Winfield, IL 60190
630-653-4218



Naperville Community Unit School District 203

EMPLOYEE ASSISTANCE PROGRAM

A confidential service for employees of

**NAPERVILLE COMMUNITY UNIT
SCHOOL DISTRICT #203**



District #203 is pleased to provide an Employee Assistance Program to district employees and their family members recognizing that students are served best when staff members lives are emotionally and physically healthy. District #203 is committed to the health and well being of its employees.

All of us experience personal problems during our lives. We solve most of them ourselves. However, some problems are more serious and require outside help for successful resolution. EAP is a free, voluntary, and confidential referral service to employees and their family members. If you or your family need caring, confidential services to address a personal concern such as:



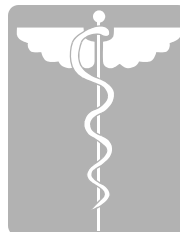
- Relationship
 - spousal/significant other
 - parenting
 - work-related
 - aging parents
- Depression/Anxiety
- Substance Abuse
- Eating Disorders
- Stress
- Grief and Loss
- Legal problems
- Financial problems
- Health/Medical problems

Please avail yourself of the exceptional services provided for you.

If appropriate, encourage other staff members in need to seek assistance. Addressing difficult issues often results in hope and enthusiasm that helps us all be productive and successful.

HOW THE PROGRAM WORKS

District #203 has contracted with Central DuPage Hospital to provide its EAP services. You can request assistance at any time by contacting an Employee Assistance Program representative at CDH at 630-653-4218. EAP representatives are all masters' level counselors with training in a variety of areas. There will be no charge for services provided by an EAP representative. After your personal contact and assessment, the EAP representative will refer you to a professional resource in the community. There will be no charge for the assessment referral from your EAP representative. You will be responsible for any follow-up services provided by the community resource that are not covered by your medical or other insurance plan.



CONFIDENTIALITY

Your request for assistance, discussions with your EAP representative, referral, and any assistance received will be held in the strictest confidence. You will not be required to share any information with your supervisor or anyone else at work. This absolute confidentiality is designed to protect you and to encourage your participation in the program.

QUESTIONS

If you have any questions or would like more information on the EAP benefit, please contact:

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630-420-6315

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